

# Hydrogen Medicine

The Sun is a main-sequence star and generates its energy by nuclear fusion of hydrogen nuclei into helium. In its core, the Sun fuses 620 million metric tons of hydrogen per second. Hydrogen gives life to our sun and all suns leading to the spreading of light all over the universe.



This image is through a telescope with the star in the middle being the closest one. In reality there is no darkness in space. It is full of light but we cannot see it—it is black. If we could see it, it would burn our eyes. We are that light; you are the light of this world. You absorb light and re-radiate like stars. Hydrogen is always there at the heart of it all.

Hydrogen gives birth to light and heat in the universe. It gives light, heat and life force to you in moments of need and in any attempt to prolong life and heal from chronic disease.

It has been concluded by many scientists that nothing cools down the fires of inflammation and cellular irritation faster than high dosages of hydrogen gas and hydrogen infused water. We can define disease as inflammation. Molecular hydrogen is the first thing you should reach for to help remedy any disease process.

## What to Expect from Hydrogen Treatments

- Detoxification
- Restores youthfulness
- Ulcers and sores healing
- Stronger and thicker hair
- Reduction in blood pressure
- Slows down free radical damage
- Lowers cholesterol levels
- Helps flush heavy metals from our bodies
- Helps in absorption of supplements
- Improved allergies and asthma conditions
- Better blood circulation
- Lower saturated fat levels
- Less body fatigue
- Improved peripheral circulation
- Recues cellulite and wrinkles
- Faster recovery from diseases

- Improves memory in elderly
- Boosts brain power
- Reduces acidic condition
- Improved constipation and diarrhea conditions
- Improved blood glucose

Common testimonies using hydrogen include *diminishing of numbness in extremities*, reduction and elimination of *edema*, improvement of *sinus problems*, more *energy*, improvements in *blood sugar*, diminishing need for *insulin*, feeling the *difference* after first treatments, feelings of *refreshment* and *lighter on one's feet*, *improvements in skin conditions*, improvements in *stamina*, feelings of changes in body and *energy levels*, *unstiffening* of knees and ankles, stimulates *youthful feelings*, more *alert*, improvements in *circulation*, reduction of *pain*, *headaches* gone, reduction in need to take *pain killers*, *skin appearance* dramatically improved, *stronger hair*, spots on *face* reduced, reduction of *constipation*, healthier feelings, reduced feelings of *depression*, neck no longer *stiff* and full range of *movement* has been restored, *nails* become stronger, *hair breakage* minimalized and *split ends* stopped.

## **Comparing Hydrogen Water with Hydrogen Gas**

A dose-response effect of hydrogen is observed in drinking hydrogen-rich water. A similar dose-response effect is also observed in inhaled hydrogen gas. However, when hydrogen concentrations in drinking water and in inhaled gas compared, there is no dose-response effect. Hydrogen-rich water generally shows a more prominent effect than hydrogen gas, although the amount of hydrogen absorbed from by hydrogen water is 100 times less that given by hydrogen gas.