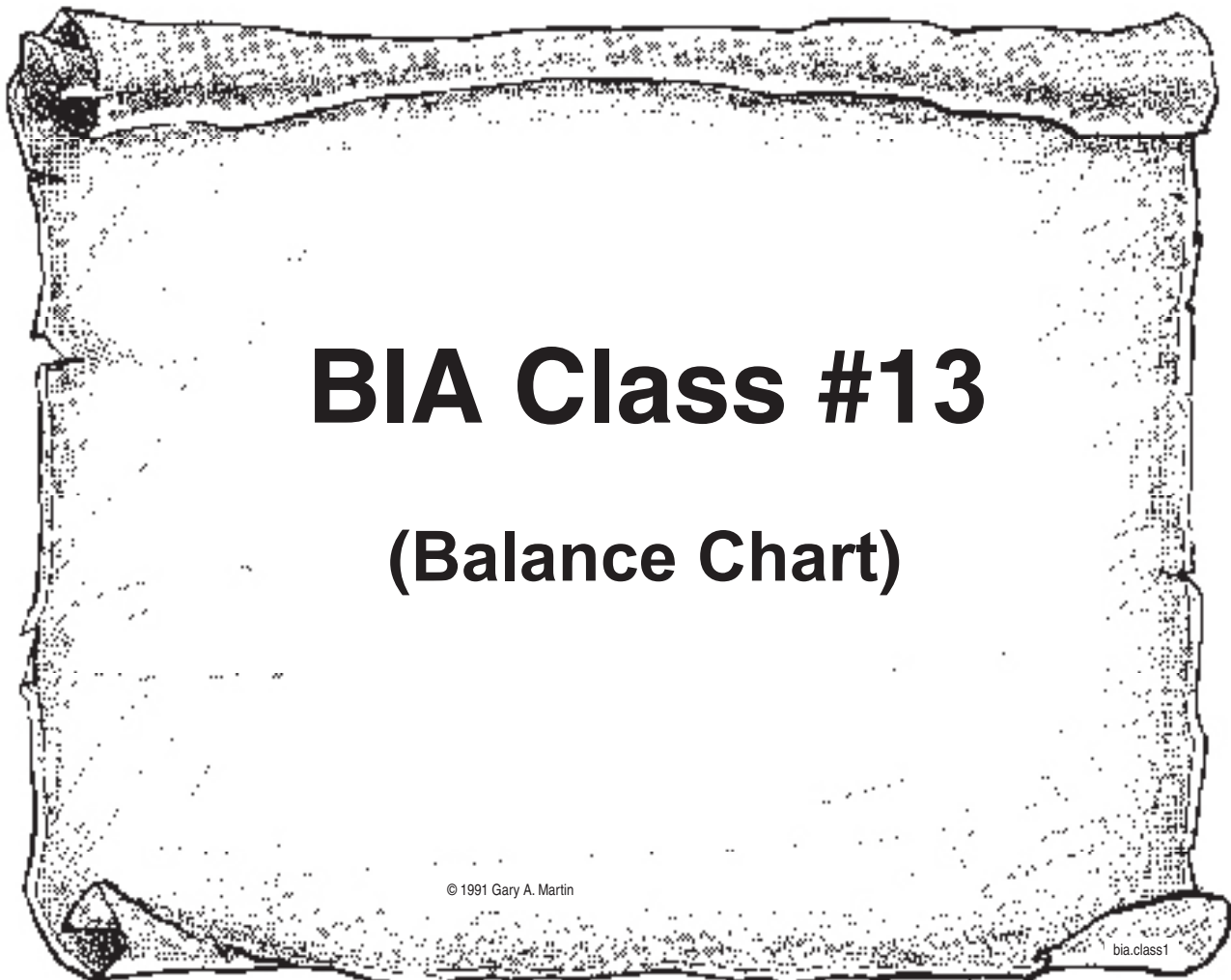




Biological Immunity Research Institute

7114 E. Dreyfus
Scottsdale, AZ 85254

888-221-4116
www.biri.org



BIA Class #13

(Balance Chart)

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BIA Class #13

(How to Use the Balance Chart)

1. Circle your actual Sugar Reading.
2. Circle your actual UpH Reading.
3. Circle your actual SpH Reading.
4. Circle your actual Salt Reading.
5. Circle your actual Total Protein (Urea) Reading.
6. Draw a line between each circle in order to link them like a chain.
7. The object in any set of #'s is to achieve balance. Visualize your BIA as being a teeter-totter. If your chain of circles is not balanced (level) then you are not functioning at your peak efficiency.
8. There are 7 types of patterns:
 - *Excess Left*
 - *Excess Right*
 - *High Balance*
 - *Low Balance*
 - *High Broken*
 - *Low Broken*
 - *No Pattern*
9. *Excess Left Pattern*

The left side of your #'s are higher than the right side. This may mean any of the following:

 - Excess carbohydrates, starches, sugars
 - Lack of proper fluid intake
 - Kidney stress

- Liver stress
- Pancreas stress
- Lymphatic stress
- Retention of toxins and emotions
- Internal pressure building up
- Past problems and grief unresolved
- Failing to make wishes come true
- Congestion
- Hearing loss
- Confusion
- Respiratory problems
- Infections

Solutions:

- Cal-Lactate (if UpH > B-UpH)
- Cal-Pho-D (if UpH < B-UpH)
- Cal-Formula (if UpH < B-UpH and SpH > B-SpH)
- Drink proper amount of R/O water
- Pancreas Support
- Kidney Support
- Zymzyme HCl (If SpH >B-SpH)
- Liver Support (especially if SpH < B-SpH)
- Potassium (if TN < BN or N < A)
- Protein (non-soy) (if BC > C and N < A)
- Iron (if UpH < 5.5 or UpH > 6.8)

10. *Excess Right Pattern*

The right side of your #'s are higher than the left side. This may mean any of the following:

- Protein malabsorption
- Body breaking down
- Tension releasing
- Body detoxing
- Adrenal stress
- Liver stress
- Hypoglycemia
- Kidney stress
- Thyroid stress
- Body toxic
- Irritable
- Pain
- Sensitive to noise

- Constipation
- Arthritis
- Cancer
- Heart disease
- Diabetes
- Depression
- Much energy spent in maintaining control over life
- Exposed to much aggression
- Relationship stress
- Anxiety

Solutions:

- Hawaiian Green Papaya Powder
- Zymazyme HCl (if N/A Ratio > 1.5)
- Pancreas Support (if N/A Ratio < 1.5)
- Magnesium (if TN > BN)
- Adrenal Support
- Thyroid Support
- Cardioxy
- Liver Support (if SpH < B-SpH)
- Kidney Support
- Vitamin E
- Wellness Source

11. *High Balance*

All #'s are within 2 ranges of each other and are high on the scale.

This may mean any of the following:

- High toxin accumulation
- Improper fluid intake
- Frustration
- Hyperactive
- Thyroid stress
- Kidney stress
- Skin disorders
- Much perceived aggression
- Resentment
- Circulation problems
- Present orientation
- Confident
- High energy current

Solutions:

- Wellness Source
- Selenium
- C-Plex
- Cal-Formula

12. *Low Balance*

All the #'s are within the 2 ranges of each other and are in the low ranges of the scale. This may mean any of the following:

- Slow metabolism
- Low energy conversion
- Hypersensitivity
- Self-esteem problems
- Chronic disorders
- Apathy
- Sexual dysfunction
- Pain
- Kidney malfunction
- Deep hurt
- Adrenal insufficiency
- Sadness
- Weak immune system
- Pancreas stress
- Schizophrenia
- Nervous breakdown
- Depression
- Worry
- Insecure
- Exhaustion
- Excess stimulants
- Excess fluids

Solutions:

- Adrenal Support
- Cal-Pho-D
- Protein (non-soy)
- B12 w/Folic Acid
- C-Plex Crystals
- Hawaiian Sun-Dried Sea Salt
- Iron
- Potassium

13. *High Broken*

A pattern similar to High Balance, but the center drops down into lower ranges. This may mean any of the following:

- High toxicity
- Improper fluid intake
- Insecurity
- Kidney stress
- Defensive posture
- Overloaded with pressure
- Thyroid disorders
- Lymphatic congestion
- Self-esteem issues
- Pain
- Sexual issues
- Dizziness
- Digestive distress
- Weak muscles
- Diabetes
- Cancer
- Increased urination
- Depression

Solutions:

- Wellness Source
- Selenium
- Cal-Pho-D
- Manganese
- Potassium (if TN < BN or N/A < 1.5)

14. *Low Broken*

A pattern similar to Low Balance, but the center rises into the higher ranges. This may mean any of the following:

- Slow metabolism
- Low energy conversion
- Hypersensitivity
- Self-esteem problems
- Chronic disorders
- Pancreas stress
- Lung stress
- Lymph stress

- Kidney disorders
- Pain
- Adrenal dysfunction
- Edema
- Depression
- Fear
- Hair loss
- Headaches
- Vision problems
- Mouth sores
- Stiff muscles
- Hemorrhoids
- Heart stress
- Kidney stress
- Liver stress
- Excess fluids
- Excess stimulants

Solutions:

- Protein (non-soy)
- Adrenal Support
- Wellness Source
- Mineral Nectar
- Zymazyme HCl
- Pancreas Support
- Hawaiian Green Papaya Powder

15. *No Pattern*

A profile characterized by the #'s in various positions, not demonstrating any particular pattern previously discussed. This may cause any of the following:

- Anemia
- Restlessness
- Allergies
- Edema
- Insomnia
- Irritability
- Fear
- Anxiety
- Mood swings
- Infertility

- Headaches
- Fatigue
- Spasms
- Excess stress

Solutions:

- Multiple Glandular Support
- Combination Cell Salts Drops
- Stress Pattern Remedies

16. The correct arrangement for your numbers (circles) is within Range 0-3.
17. The best arrangement for your numbers (circles) is for them to be all in the same Range or arranged in the following order away from Range 0:
- UpH
 - Sugars
 - SpH
 - Proteins (Ureas)
 - Salts

For example, it is okay for your Sugars and SpH to be in the same Range, but it is not acceptable for the Sugars to be in a higher Range than the SpH. This would result in 1 of the 12 possible Adverse Relationships.

18. If you have numbers (circles) higher than Range 3 you need to consider your water intake. Increased R/O water intake (maximum of 4 ozs. at one time) is the **ONLY** way to keep your test results within Range 0-3.
19. If any of your numbers (circles) are in Ranges 6-10, or the (-) Ranges, it is **serious** and you should consider maintaining close monitoring of your body chemistry. Learn all you can about the BIA because it may save your life.
20. If any of your circles are *above* Range 3 or *below* Range 0, or more than 3 Ranges away from any other circle, it may be the reason for your weight management problem and your symptoms. You should contact your sponsor, local TDC, or International Headquarters for help learning what you need to do with your **DIET, NUTRITION REMEDIES, LIFESTYLE MODIFICATIONS** and **STRESS ELIMINATION** to move your circles to the proper position.

21. As you move your body chemistry closer to the perfect #'s (Range 0), you can expect your symptoms to improve and your weight to naturally move to its genetic weight.
22. The BIA is the easiest and most effective feedback tool you can use to live a happy, healthy and wealthy life!

BIA Class #13 Exam (Balance Chart)

Carbos		Fats		Proteins		D E B R I S	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas (BA) Biolog Age	Adv. Rela Speec Dec
Balance Sugar:	Urine pH	Urine BpH	Balance Salts	Urine pH	Urine BpH						
Actua Sugar:	5.8		Actua Salts			4	12				
1.2	7.0		14.0				6				

1. Chart the above numbers.
2. What pattern is it?
3. Describe what symptoms the person might be experiencing.
4. What solutions might be of value?

Carbos		Fats		Proteins		D E B R I S	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas (BA) Biolog Age	Adv. Rela Speec Dec
Balance Sugar:	Urine pH	Urine BpH	Balance Salts	Urine pH	Urine BpH						
Actua Sugar:			Actua Salts								

5. Put your (or a client's) numbers on the above form and chart them.
6. What pattern is it?
7. Describe what symptoms might be present.
8. What solutions might be of help?

9. Create a set of numbers that would be an Excess Left pattern.

Balance Sugar:	Urine pH	Urine BpH	Balance Salts	D E B R I S C E L L	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas	Adv. Rela
Actua Sugar:	Urine pH	Urine BpH	Actua Salts		Nitr Nitro			(BA) Biolog Age	

10. Create a set of numbers that would be an Excess Right pattern.

Balance Sugar:	Urine pH	Urine BpH	Balance Salts	D E B R I S C E L L	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas	Adv. Rela
Actua Sugar:	Urine pH	Urine BpH	Actua Salts		Nitr Nitro			(BA) Biolog Age	

11. Create a set of numbers that would be a High Balance pattern.

Balance Sugar:	Urine pH	Urine BpH	Balance Salts	D E B R I S C E L L	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas	Adv. Rela
Actua Sugar:	Urine pH	Urine BpH	Actua Salts		Nitr Nitro			(BA) Biolog Age	

12. Create a set of numbers that would be a Low Balance pattern.

Balance Sugar:	Urine pH	Urine BpH	Balance Salts	D E B R I S C E L L	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas	Adv. Rela
Actua Sugar:	Urine pH	Urine BpH	Actua Salts		Nitr Nitro			(BA) Biolog Age	

13. Create a set of numbers that would be a High Broken pattern.

Balance Sugars	Urine pH	Urine BpH	Balance Salts	C E L L D E B R I S	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas	Adv. Rela
Actua Sugars	Urine pH	Urine BpH	Actua Salts		Nitr Nitro			(BA) Biolog Age	

14. Create a set of numbers that would be a Low Broken pattern.

Balance Sugars	Urine pH	Urine BpH	Balance Salts	C E L L D E B R I S	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas	Adv. Rela
Actua Sugars	Urine pH	Urine BpH	Actua Salts		Nitr Nitro			(BA) Biolog Age	

15. Create a set of numbers that would be a No Pattern.

Balance Sugars	Urine pH	Urine BpH	Balance Salts	C E L L D E B R I S	Nitr Nitro	Bal'd Ureas	Metab Eff. (EM)	Reserv Ureas	Adv. Rela
Actua Sugars	Urine pH	Urine BpH	Actua Salts		Nitr Nitro			(BA) Biolog Age	

16. What is the correct range for your numbers to be in?

17. If your numbers are not all in the same range, what is the best arrangement for them to be away from Range 0?

18. What should you consider doing when your numbers are higher than Range 3?

19. What should you consider doing when your numbers are in Ranges 6-10?

20. What should you consider if your numbers are above Range 3 or below Range 0?

21. What range would be optimal for weight management?

BALANCE CHART

Range	Sugars	UpH	SpH	Salts	Proteins
+10	9.5 - 10	4.5	8.4	61 - 80	26 - 30
+9	8.7 - 9.5	4.6	8.3	46 - 60	24 - 25
+8	7.7 - 8.6	4.8	8.1	38 - 45	22 - 23
+7	6.9 - 7.6	5.0	7.9	31 - 37	20 - 21
+6	6.0 - 6.8	5.2	7.7	26 - 30	18 - 19
+5	5.1 - 5.9	5.4	7.5	21 - 25	16 - 17
+4	4.6 - 5.0	5.6	7.3	17 - 20	14 - 15
+3	3.3 - 4.5	5.8	7.1	13 - 16	12 - 13
+2	2.5 - 3.2	6.0	6.9	10 - 12	10 - 11
+1	1.6 - 2.4	6.2	6.7	8 - 9	8 - 9

0	1.5	6.4	6.4	7	6 - 7
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-1	1.4	6.7	6.2	6	—
-2	1.3	6.9	6.0	—	—
-3	1.2	7.1	5.8	5	—
-4	1.1	7.3	5.6	—	—
-5	1.0	7.5	5.4	4	5
-6	.9	7.7	5.2	—	—
-7	.8	7.9	5.0	3	—
-8	.7	8.1	4.8	—	4
-9	.6	8.3	4.6	2	3
-10	0 - .5	8.4	4.5	1	2

- | | | |
|---------------------------------------|---------------------------------------|--|
| <input type="checkbox"/> Excess Left | <input type="checkbox"/> High Balance | <input type="checkbox"/> High Broken |
| <input type="checkbox"/> Excess Right | <input type="checkbox"/> Low Balance | <input type="checkbox"/> Low Broken |
| <input type="checkbox"/> More Water | <input type="checkbox"/> Stress | <input type="checkbox"/> Rest |
| <input type="checkbox"/> Carbos | <input type="checkbox"/> Fats | <input type="checkbox"/> Protein |
| <input type="checkbox"/> Vitamins | <input type="checkbox"/> Minerals | <input type="checkbox"/> Enzymes |
| <input type="checkbox"/> Fatty Acids | <input type="checkbox"/> Fat Grams | <input type="checkbox"/> Exercise (M)(L) |