



Biological Immunity Research Institute

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BIA Class #-

.....(Function,')

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Class #9: Third Ratio (Salts/Nitrogen Ratio)

1. The third important BIA ratio is the Salts/Nitrogens Ratio. This ratio should be approximately 1.5.
2. It can be looked at as the ratio between fats and protein in the diet. A high ratio may mean too many fats in the diet. A low ratio may mean too many proteins.
3. It can also represent the ratio between:

Salts	vs.	Nitrogens
Calcium	vs.	Magnesium
Sodium	vs.	Magnesium
Calcium	vs.	Potassium
Sodium	vs.	Potassium

4. The Salts/Protein Ratio is important because it sustains the proper conductivity of the nervous system.
5. Anemia can be the result of either a too high or too low Salts/Protein Ratio.
6. As the Salts/Protein Ratio rises, the less the body is able to meet the demands placed upon it by your mind.
7. As the Salts/Protein Ratio decreases, the more the body is coming apart at the seams. Nervous system disorders become apparent. Candida Albicans and other digestive disorders become commonplace.
8. Possible High Salts/Protein Ratio symptoms:
 - Restlessness
 - Burning eyes
 - Respiratory tract infections
 - Allergies
 - Edema
 - Potassium deficiency
 - Insomnia
 - Irritability
 - Watery discharges
 - Fevers
 - Anemia
 - Pus
 - Selenium deficiency
 - Fear

- Mood swings
- B6 deficiency
- Infertility
- Hyperactivity
- Iron deficiency
- Headaches
- Impotence

9. Possible Low Salts/Protein Ratio symptoms:

- Exhaustion
- Nervousness
- Digestive disorders
- Chilliness
- Muscle twitching
- Magnesium deficiency
- Thyroid malfunction
- Headaches
- Fragile bones
- Fatigue
- Dizziness
- Nerve disorders
- Anemia
- Spasms
- Calcium deficiency
- Sodium deficiency
- Heart palpitations
- Cramps
- Low RBC count

10. Formulas for a High Salts/Protein Ratio could be:

- Vitamin E
- Potassium
- Thymus Support
- Protein (non-soy)
- B-12 w/Folic Acid
- Selenium
- Spleen Support
- Heart Support
- Liver Support

11. Formulas for a Low Salts/Protein Ratio could be:

- Cal-Pho-D
- Thyroid Support
- Kidney Support
- Pancreas Support
- Green Papaya Powder
- Iron
- Pituitary Support
- Zymazyme HCl
- B-Complex
- Adrenal Support

12. A high Salts/Protein Ratio may be a sign of emotional suppression and a need for detoxification.

13. A low Salts/Protein Ratio on a retest may be a sign of detoxification and a release of emotional back pressure.

BIA Class #9 Exam (Salts/Nitrogen Ratio)

1. What should the Salts/Nitrogens Ratio be?
2. What does a high ratio mean?
3. What does a low ratio mean?
4. What other ratios can it represent?
5. Why is the Salts/Nitrogens Ratio important?
6. What happens as the ratio rises?
7. What happens as the ratio decreases?
8. What are possible high ratio symptoms?
9. What are possible low ratio symptoms?
10. What formulas could be used for a high ratio?
11. What formulas could be used for a low ratio?
12. A high Salts/Protein Ratio may be a sign of what?
13. A low Salts/Protein Ratio may be a sign of what?