



Biological Immunity Research Institute

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The Biological Immunity Analysis®

The *Biological Immunity Analysis*® consists of 12 Keys. Each Key has guidelines, that, when followed, can have an amazing positive impact upon your physical, mental, emotional and spiritual wellness. **NOTE:** There may be valid medical reasons why these guidelines should not be considered by you. *Please get your doctor's approval before implementing any of the Biological Immunity Keys.*

Biological Immunity Analysis® Key #7

Determining the Biological Immunity Pattern

Use the attached Balance Chart to do the following:

1. Using a black dot, plot your Sugar Reading on the Balance Chart.
2. Using a black dot, plot your UpH Reading on the Balance Chart.
3. Using a black dot, plot your SpH Reading on the Balance Chart.
4. Using a black dot, plot your Salts Reading on the Balance Chart.
5. Using a black dot, plot your Protein (NN+AN) Reading on the Balance Chart.
6. Draw a line between each black dot to link them like a chain.
7. The object in any set of #'s is to achieve balance. Visualize your Biological Immunity Pattern as a teeter-totter, with the SpH being the fulcrum. If your chain of black dots is not balanced (level), you may not be functioning at your peak efficiency.
8. There are 7 patterns:
 - Excess Left
 - Excess Right
 - High Balance
 - Low Balance

- High Broken
- Low Broken
- No Pattern

9. Excess Left Pattern: If the left side of your Biological Immunity Pattern is higher than your right side, consider the following:

- Reduce intake of carbohydrates, starches and sugars.
- Increase pure water intake, preferably MicroWater®.
- Increase exercise.
- Get massages.
- Take a break. Relax more often.
- Investigate retention of resentment, guilt and grief.
- Breathe purified air.
- Increase calcium intake.
- Increase pancreas nutritional support.
- Increase kidney nutritional support.
- Increase liver nutritional support.
- Increase protein intake.
- Skip to #16.

10. Excess Right Pattern: If the right side of your Biological Immunity Pattern is higher than the left side, consider the following:

- Increase protein digestive enzymes.
- Investigate detoxifying regimes.
- Investigate anxiety, depression, tension, and perceived aggression.
- Investigate irritableness, sensitivity to noise and pain.
- Increase digestive enzymes.
- Increase adrenal nutritional support.
- Increase thyroid nutritional support.
- Increase heart nutritional support.
- Increase liver nutritional support.
- Increase kidney nutritional support.
- Increase vitamin E and minerals.
- Investigate hair-nails-skin health.
- Increase protein intake.
- Skip to #16

11. High Balance Pattern: If all #'s are within two ranges of each other and are high on the scale, consider the following:

- Investigate toxicity accumulation.
- Increase pure water intake, preferably MicroWater®.
- Investigate frustration, hyperactivity, resentment and perceived aggression.
- Investigate circulation health.
- Increase ascorbic acid vitamin C intake.

- Increase calcium of varied types.
- Insure adequate intake of minerals, vitamins, enzymes, and amino acids.
- Skip to #16.

12. Low Balance Pattern: If all #'s are within two ranges of each other and are in the low ranges of the scale, consider the following:

- Investigate slow metabolism and low energy conversion.
- Investigate hypersensitivity and low self-esteem.
- Investigate chronic disorders, apathy and sexual dysfunction.
- Investigate pain, deep hurt, sadness, and schizophrenia.
- Investigate nervous disorders, depression, worry, insecurity, and exhaustion.
- Investigate intake of excess stimulants and fluids.
- Increase kidney nutritional support.
- Increase adrenal nutritional support.
- Increase bone meal calcium.
- Increase protein intake.
- Decrease carbohydrate intake.
- Increase fat intake.
- Increase vitamin B12 intake.
- Increase ascorbate vitamin C intake.
- Increase salt intake.
- Increase minerals intake.
- Skip to #16.

13. High Broken Pattern: If the pattern is similar to the High Balance Pattern, but the center drops down into lower ranges, consider the following:

- Investigate toxicity accumulation.
- Investigate insufficient fluid intake.
- Investigate insecurity, overburden, sexual issues, and depression.
- Investigate pain, dizziness, digestive distress, and weak muscles.
- Investigate increased urination.
- Increase kidney nutritional support.
- Increase thyroid nutritional support.
- Increase lymphatic nutritional support.
- Get massages.
- Increase digestive enzymes intake.
- Increase adrenal nutritional support.
- Increase minerals intake.
- Increase bone meal calcium.
- Skip to #16.

14. Low Broken Pattern: If the pattern is similar to a Low Balance Pattern, but the center rises into the higher ranges, consider the following:

- Investigate slow metabolism, low energy conversion, and hypersensitivity.
- Investigate low self-esteem, chronic disorders, pain, and water retention.
- Investigate depression and fear.
- Investigate hair loss, headaches, vision, mouth sores, and stiff muscles.
- Investigate hemorrhoids.
- Investigate excess intake of fluids and stimulants.
- Increase protein intake.
- Increase adrenal nutritional support.
- Increase vitamin B complex intake.
- Increase minerals intake.
- Increase digestive enzymes intake.
- Skip to #16.

15. No Pattern: If the pattern is characterized by #'s in various positions, not demonstrating any particular pattern as described above, consider the following:

- Investigate anxiety, restlessness, allergies insomnia, and fear.
- Investigate irritability and mood swings.
- Investigate anemia and water retention.
- Investigate infertility, headaches, fatigue and spasms.
- Investigate excess stress in lifestyle.
- Increase multiple glandular nutritional supports.
- Increase cell salts intake.
- Provide multiple vitamin-mineral-enzyme-amino acid support.

16. The Correct Arrangement of the #'s (black dots) is for them all to be in the same Range, or arranged in the following order away from Range 0:

- a. UpH
- b. Sugars
- c. SpH
- d. Proteins
- e. Salts

For example, it is acceptable for the Sugars and SpH to be in the same Range, but it is not acceptable for the Sugars to be in a higher Range than the SpH. This would result in 1 of the 12 possible Adverse Relationships that will be discussed in a later Key.

17. If you have black dots higher than Range 3, you should investigate your water intake. The proper amount of daily pure water intake (maximum of 4 oz. at one time) is the only way to keep the black dots within Ranges 0-3. See Key #1 for water details.

18. If any of your black dots are in Ranges 6-10, or in the (-) Ranges, it should be considered serious. You should see a doctor if, on subsequent tests, your black dots remain in ranges 6-10. You should maintain close monitoring of your body chemistry until your #'s (black dots) come down into more acceptable Ranges.
19. If any of your #'s (black dots) are above Range 3 or below Range 0, or more than three (3) Ranges away from any other # (black dot), it may be the reason for your weight management and/or symptoms. Take appropriate action to correct this imbalance.
20. As you move your body chemistry closer to perfect balance and then to the perfect Ranges (0-3), you can expect improvement and your weight to naturally move to its genetic weight.

Notice

The information and procedures contained in the Biological Immunity Analysis® Keys are based upon the research and professional experiences of Biological Immunity personnel. NONE OF THE STATEMENTS CONTAINED HEREIN HAVE BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. NONE OF THE PRODUCTS OR PROCEDURES DESCRIBED HEREIN ARE INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. ABSOLUTELY NO DISEASE OR MEDICAL CLAIMS ARE MADE FOR ANY OF THE PRODUCTS, SUGGESTIONS, OR PROCEDURES DESCRIBED HEREIN. They are not intended as a substitute for consulting with your physician or other health care provider. All matters pertaining to your physical and emotional health should be supervised by a qualified health care professional. Patent pending. All rights reserved.