

Client: **Gloria Sample** **HMA ASPECTS**
 HMA #: **8827** Email: **0**
 Date: **05/24/16** M / F: **F** Birth Date: **01/00/00**
 Symptoms: **Hypothyroidism, Neuro Disorders, Hair Loss, Hemorrhoids, dementia**

		Ratio	Mineral			
Ca	256	Ca/Mg 7.529412	H	1		
Mg	34	Na/Mg 0.7	H	1		
Na	24	Na/K 6.0	N			
K	4	Ca/K 64.0	L		1	
Fe	1	Fe/Cu 2.5	L			PE
Cu	0.4		L			VPE
Mn	0.022	Mn/Zn 0.0	L			PE
Zn	278	Zn/Cu 695.0	H			
Cr	0.072		L			
Se	0.074		N			
Pb	0.054		N			
Hg	0.03		N			
Cd	0.004		L			PE
As	0.01		H			
Al	2.4		H			
Li	0.006		N			
Ni	0.06		H			
Co	0.042		H			
P	10		L			
Mo						

CALCIUM SHELL (F)	2	29%
		256
CALCIUM SHELL (M)	0	F
LOW Ca/Mg	0	0%
HIGH Ca/Mg RATIO		NO
Carbs Excess		NO
BURNOUT PATTERN	5	38%
DEFENSE PATTERN	0	0%
IMMUNITY PATTERN	0	0%
SYMP DOM PATTERN	1	20%
HIGH Na/K RATIO	1	20%
LOW Na/K RATIO	0	0%

	6	8	3	1
	HIGH	LOW	PE	VPE
POOR ELIMINATOR				19%
STILTED				NO
BOWL PATTERN				NO
HILL PATTERN				NO
DOUBLE LOW PATTERN				NO
DOUBLE HIGH PATTERN				NO
PASSIVE-AGGRESSIVE				YES
WASTING TIME PATTERN				YES
STRESS WITHIN & OUT				NO
EXTREME LIFESTYLE STRESS				NO
BURNED OUT SYMP DOMINANCE				NO
HUNTED PATTERN				NO
TRYING TOO HARD				NO
TRYING HARD TO STAY AFLOAT				NO
STEP UP PATTERN				NO
ADRENAL STRESS				NO

Epilepsy 2 67%

Selenium Low NO

disability, degeneration, hair loss, brittle hair, alopecia, graying hair

L/K/Immune NO

COPPER DEFICIENCY 0 0%

COPPER TOXICITY 13 59%

BIOUNAVAILABLE 33%

Cu NEED 0 0%

Cu HIGH 0 0%

AGGRESS 1 20%

ALCOHOL 0 0%

BEAM ME UP NO

WORKER YES

ADHD 4 50%

Wound H 4 57%

Inflamed 1 20%

Apathy 1 33%

AwareLo 3 60%

CATABOLIC 5 63%

Cancer 3 33%

Metabolic 0 0%

obesity, elevated blood pressure, elevated glucose, high triglycerides, low HDL

Autism 0 0%

Gastro Dis 1 33%

MOVEMENT PATTERNS

Need For Change NO
Need For Change And Action NO
Pretender NO
Giving Up NO
Beligerance NO
Death Wish NO
Step Down YES
Severe Lifestyle Stress NO

TRAUMA 1 6%

DEATH 1 25%

VITALITY LOW LOW

ILLNESS 2 33%

ANGER 2 50%

CLIFF 0 0%

survived but fearful, relax, let go let God, Ant. Pit., Zn

Pain Sens NO
L/K Stress NO
Forward YES
Agg-Anger NO

CONFLICT 40%

DRUGS 43%

STRESS WITHIN
STRESS WITHOUT YES

Calcium Shell	YES	
psychological withdrawal, sensitive, emotionally suppressed or repressed, often spiritually-oriented.		
Low Calcium	NO	
irritable, nervous, distracted, lack of buffers, aggressive, angry, paranoid		
Low Magnesium	NO	
anxious, nervous - similar to low calcium		
Low Sodium	NO	THYROID 33%
fatigue, exhaustion, depression		
Low Potassium	YES	HYPER 63%
pushing or excess worry, exhaustion		
High/Hidden Iron	NOT HIGH	HIDDEN
rage, anger, arrogance, deviousness, violence		
High/Hidden Copper	NO	
excess emotions, many emotional symptoms, insomnia, detached		
Low Zinc	NO	
mood swings, ADD, ADHD, violence, emotionally unstable -- the stabilizer mineral		
High/Hidden Manganese	YES	HIDDEN
none - mild, moody, erratic, compulsive, irritable, schizophrenic, violence, aggression if high, known as the schizoid mineral - mad cow, sociopathic -- non-emotional psychopathic		
Low Phosphorus	YES	
reduced vitality but not in every case -- the vitality mineral		
High/Hidden Lead	NO	
violence, retardation, ADD, ADHD -- the dullness & horror mineral		
High/Hidden Mercury	NO	
crazy, whacky, kooky, emotional, scared, timid -- the mad hatter mineral		
High/High Hidden Cadmium	NO	
macho, brittle, hardened, ADD, ADHD, autism, violent if challenged, grounded		
High/Hidden High Arsenic	YES	
dullness, insidious, bit by bit serious problems -- the slow death mineral		
High/Hidden Aluminum	YES	HIDDEN
spacy, forgetful, memory problems, dementia -- the soft in head mineral		
High/Hidden Nickel	YES	
extremely toxic, depression -- the cancer mineral		
Fast Oxidizer	NO	
yang, anxious, irritable, nervous, aggressive, angry, paranoid, speedy, no thyroid hormones if mild -- forward-looking, living more in future -- on the run mineral		
Slow Oxidizer	YES	MODERATE
yin, sluggish, tired, depressed, apathetic, emotionally suppressed or repressed, despair, suicidal, phobic, fearful, if extreme -- psychologically withdrawn, hiding		
Mixed Oxidizer	NO	
a mix of fast and slow oxidizer symptoms		
Four Lows	NO	
stuck in ditch spinning wheels, end of life, exhaustion, cynical, hard-driving, no glandulars, negative, collapsed, overwhelming stress, pretending to run/hide, no thyroid hormones		
Four Highs or Three Lows	NO	
overwhelmed, guarded, holding back, manic-depressive, tired but mounting response		

Low Na/K Ratio **NO**

frustration, resentment, hostility, lowered awareness to some degree, need HCl, hidden traumas if less than 1. If lower, "I'd rather die than change" the slowing down, reversing, negative emotions ratio

High Na/K Ratio **NO**

forward looking if mild, anger, acute stress, workaholic (3+ highs), inflamed personality if extreme

High Ca/Mg Ratio (9.5-13.5) **NO** **NOT**

overeating carbs, if Na/K also high it reinforces anger, acute stress, inflammation

Very High Ca/Mg >13.5 **NO**

need for change in attitude or lifestyle no longer working but is being defended

Bowl Pattern **NO**

feels emotionally-mentally stuck

release indicator, open to options and change, moving forward in life, celebration, openness

Step Down Pattern **NO**

determined and deliberate if slow oxidizer, moving forward slowly and deliberately, often with tired body, somewhat defensive but positive base -- pulling through slowly pattern

Deep Bowl With Four Highs **NO**

schizophrenia, combination of feeling stuck and floating, weak yang, anger, acute stress

Alarm Phase **YES**

Resistance Phase **YES**

Exhaustion Phase **YES**

Criminal

Double Low Pattern **NO**

0 0%

hostile, resentment, frustration, tired

Stilted Pattern **NO**

Second wind, unsteady, pompous, emotions

Double High Pattern **NO**

Inflammation, anger, pain

Attempting To Overcome **NO** **NO**

Triple Burn-Out **NO**

Diet/Lifestyle Cause **NO**

Stress Cause **YES**

Tissue Breakdown **NO**

Investigate protein, chaotic lifestyle, excess liquid w/meals, eating while doing other things, better fluid combining, Candida, copper toxicity

Infection Prone 1 20%

Dementia 2 67%

Anxious 3 75%

Manic	NO	Phobias	NO	Libido	NO
Anorexia	NO	Mood	NO	Psychosis	25%
Tough	NO	Compuls	NO	Esteem	0%
Paranoid	NO	Repress	NO		